



FACT FILE

Physical Education & Sports

The outdoor environment and Himalayan setting of Woodstock School ensures that the students constantly remain active and fit. The school's department of Physical Education (PE) has been designed to enhance this active lifestyle by offering opportunities to students of all levels to participate in sports, fitness and outdoor activities.

The School is divided into three houses: Condors, Eagles, and Merlins. Inter-house competitions are held on a regular basis in a variety of sports. Woodstock also competes with other school teams in Mussoorie, Dehradun, Punjab, New Delhi, and beyond in inter-school competitions.

The PE department centres around Woodstock's impressive new sports facility, the Win Mumby Gymnasium. This was opened for use in September 2009, and has quickly become an integral part of the daily life of Woodstock students and staff. It boasts world-class facilities that mark it as one of the finest school gymnasia in all of the country. Woodstock is also blessed with specialised facilities such as the rock-climbing wall in the gym and the 25 metre swimming pool at the Hostel residence.

Over the course of the year, Woodstock students participate in sports and activities such as Athletics (Track & Field), Badminton, Basketball, Cricket, Cross-Country, Field Hockey, Fitness Exercises, Football, Rock-Climbing, Squash, Swimming, Table-Tennis, and Volleyball.

Some of the highlights of school's sporting calendar are the Inter-House and Inter-School Sports Days, the All-India Win Mumby Basketball tournament, and cross-country races around the 'chakkar' on Landour ridge above the school.

*For links to photographs and
further Fact Files, visit:*
www.woodstockschool.in/press

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